



Preparation and organization are key in determining whether or not your move will be stress-free. Follow the steps below to ensure that yours will be smooth.

One Month Before the Move

- Make arrangements to hire a mover or rent a truck.
- Make babysitting and/or pet care arrangements for moving day.
- File a change of address form at the post office.
- Change address on all newspaper and magazine subscriptions.
- Arrange for the transfer of all medical, dental and school records.
- Transfer medical, property, fire and auto insurance.
- Organize all move-related documents in one place, such as a folder or binder.

Two Weeks Before the Move

- Cancel or transfer all utilities (water, gas, electric, telephone, TV/cable/satellite/Internet service).
- Check with your provider about cell phone service in your new location.
- Transfer prescriptions to a pharmacy near your new location.
- Transfer bank accounts.
- Collect or purchase all packing supplies; boxes, wrapping paper, bubble wrap, labels, markers, box cutters or scissors and packing tape.
- Pack up items in garage, attic and storage areas.
- Confirm arrangements with movers or truck rental place.

One Week Before the Move

- Begin packing boxes, labeling each as you fill it.
- Empty, defrost, and clean refrigerator, freezer and stove.
- Return all rented movies, library books, video games, etc.
- Pick up anything outstanding such as dry cleaning, prescriptions, etc.

The Day Before the Move

- Do a final check of closets, cabinets and drawers.
- Make sure you have enough cash on hand for the move.
- Take out all trash.
- Fully charge all cell phones.
- Touch base with movers or truck rental place for a final confirmation of arrangements.

The Day Of the Move

- Exchange contact information with the movers in case you need to get in touch with them while in route. Include your old/new address, cell phone number and directions to new location.
- Keep jewelry and other valuables with you, in a box that you move yourself.
- Prepare a box of supplies that you will need right away on move-in day, such as cleaning supplies, snacks & beverages, toilet, bath and bedding items, trash bags, disposable dishes, pet food, cell phone chargers, prescriptions, eyeglasses, changes of clothing, etc..
- Do a final check before locking the doors. Confirm that you have turned off the furnace/air conditioner, lawn sprinklers, and light switches. Have you turned over or left the keys and garage door openers?

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